



FESSH

Federation of
European Societies for
Surgery of the Hand

Welcome to FESSH !



WHAT IS FESSH?

FESSH = Federation of European Societies for Surgery of the Hand

If you are member of your national society -
then you are also member of FESSH!

(Grey and green coloured countries are the FESSH members, the white ones are non-FESSH members. The green ones hosted a FESSH congress, the grey ones not yet. The numbers refer to the date when the national societies organized a FESSH Congress.)



WHAT DOES FESSH DO?

www.fessh.com

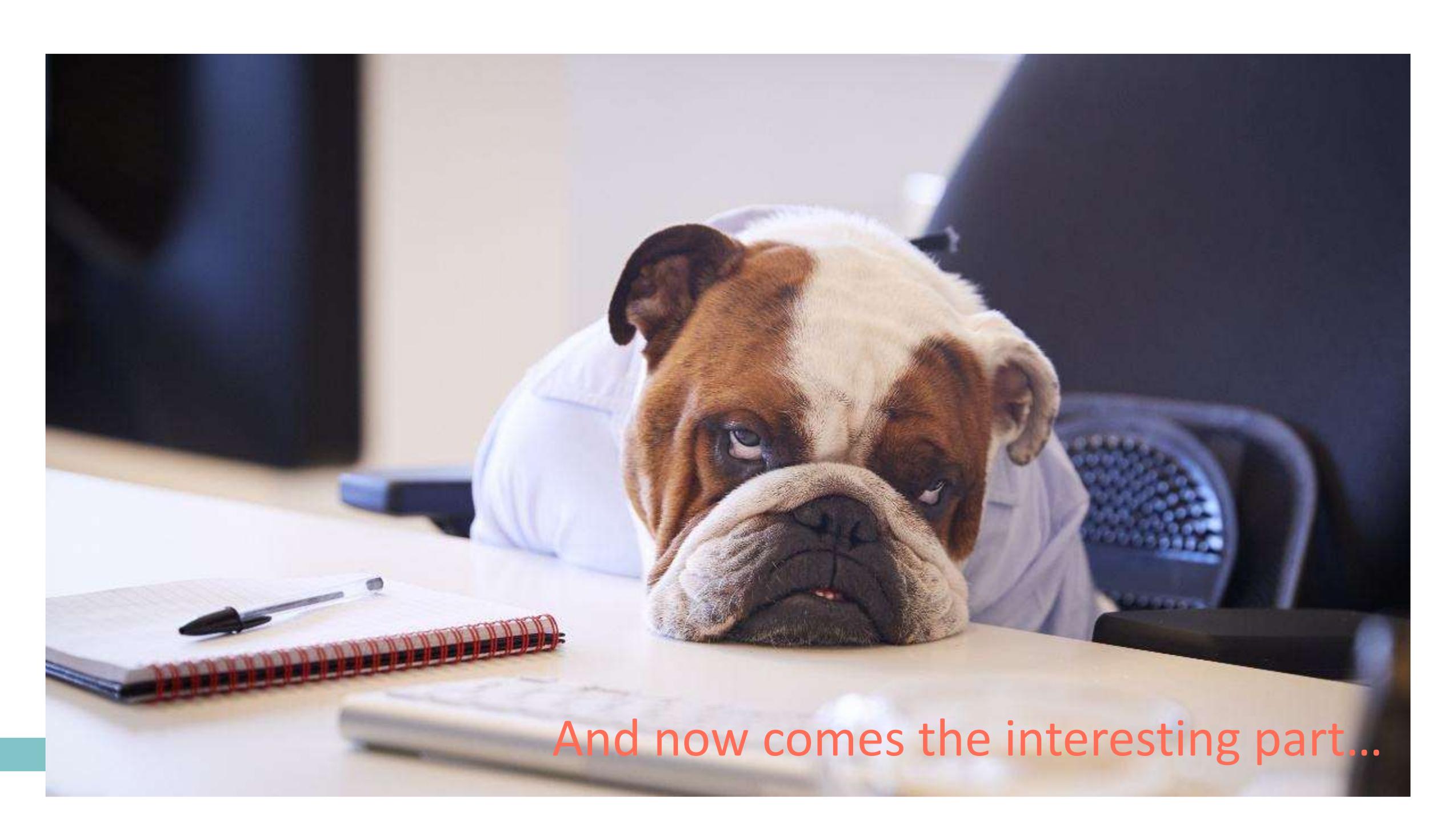
OUR MISSION:

The advancement of hand surgery in all aspects, encompassing science, education, and clinical practice.

OUR VISION:

To become the authority in the field of hand surgery in Europe. This includes all relevant parties: hand surgeons, allied health professionals, patient representatives, industry partners, representatives from the public, and government bodies.



A bulldog with brown and white patches is sitting at a desk in an office. The dog is leaning its head on the desk, looking directly at the camera with a bored or tired expression. On the desk in front of the dog is a spiral-bound notebook with a red cover and a black pen. A computer keyboard is partially visible in the foreground. The background shows a blurred office environment with a black chair and a computer monitor.

And now comes the interesting part...

WHAT BENEFITS DOES FESSH OFFER YOU?

- ✓ EDUCATION AND TRAINING
- ✓ RESEARCH
- ✓ Special interest groups (SIGs)
- ✓ CLINICAL PRACTICE
- ✓ ANNUAL CONGRESS
- ✓ BEING PART OF A FANTASTIC COMMUNITY



✓ EDUCATION AND TRAINING

- FESSH Academy Foundation Course (discounted price)
- FESSH Academy Advanced Course (discounted price)
- FESSH Academy Webinars (free)
- Support for international hand related courses
- FESSH Travel Award (1500-4000€ for visiting a European hand clinic)
- Annual Congress Fellowships (14 day study tour financed by FESSH)
- Annual Congress Educational Afternoon
- E-LIBRARY at the webpage
- FESSH Youtube channel
- Find TRAINING CENTRES through FESSH



FA FESSH Academy #HandSurgery
MONTHLY WEBINAR

FESSH Academy Webinar
FESSH meets the Netherlands

Title: Malunions of the distal radius:
Why and how to correct them:
freehand or 3D guided?

Presenters: Arine Vochteloo and Niels Schep
(the Netherlands)

Chair of the webinar: Jonathan Hobby (UK)

Date: 11 January 2024
Time: 19.30-21.00 CET

<https://fessh.com/fessh-academy-webinar/>

✓ EUROPEAN BOARD HAND SURGERY DIPLOMA

Internationally recognised qualification in Hand Surgery running since 1996.

- Try the Online Self-Assessment on FESSH webpage
- Take the EBHS Exam
- Join the board of examiners



✓ RESEARCH



- Basic Research Grant €10.000
- Clinical Research Grant €10.000
- PROMS Grants €5.000
- Shark Tank Award total €20.000 (for innovative ideas)
- Research Fellowship (one week visit in a research center financed by FESSH)
- FESSH patronized surveys

FESSH/KLS Martin event
26-29 June 2024 in Rotterdam

FESSH
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KLS martin
GROUP

SHARK TANK
Ready to take the plunge?

€ 20.000
awarded

Best innovations win!
#KLSSharkTank

Pitch your innovation idea focusing on sustainable hand surgery by 15 April 2024 at research@fessh.com
More info: <https://fessh.com/shark-tank/>

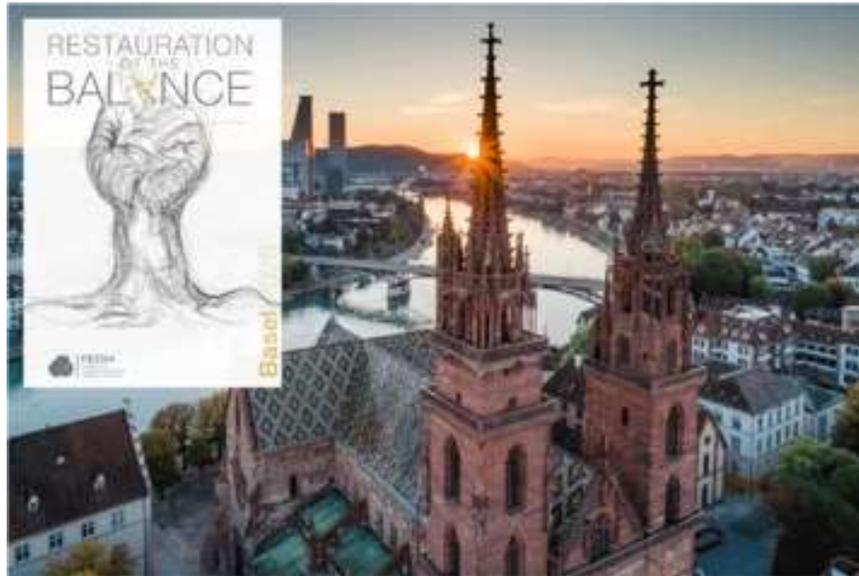
✓ CLINICAL PRACTICE

- HAND TRAUMA NETWORK
(FESSH accreditation for your clinic)
- GREEN / SUSTAINABLE HAND SURGERY
(guidance, network)



✓ ANNUAL CONGRESS

Join 2000+ colleagues from Europe and across the globe



- 2026 Basel
- 2027 Prague
- 2028 Strasbourg
- 2029 Porto
- 2030 Your city?



✓ BEING PART OF A FANTASTIC GROUP!



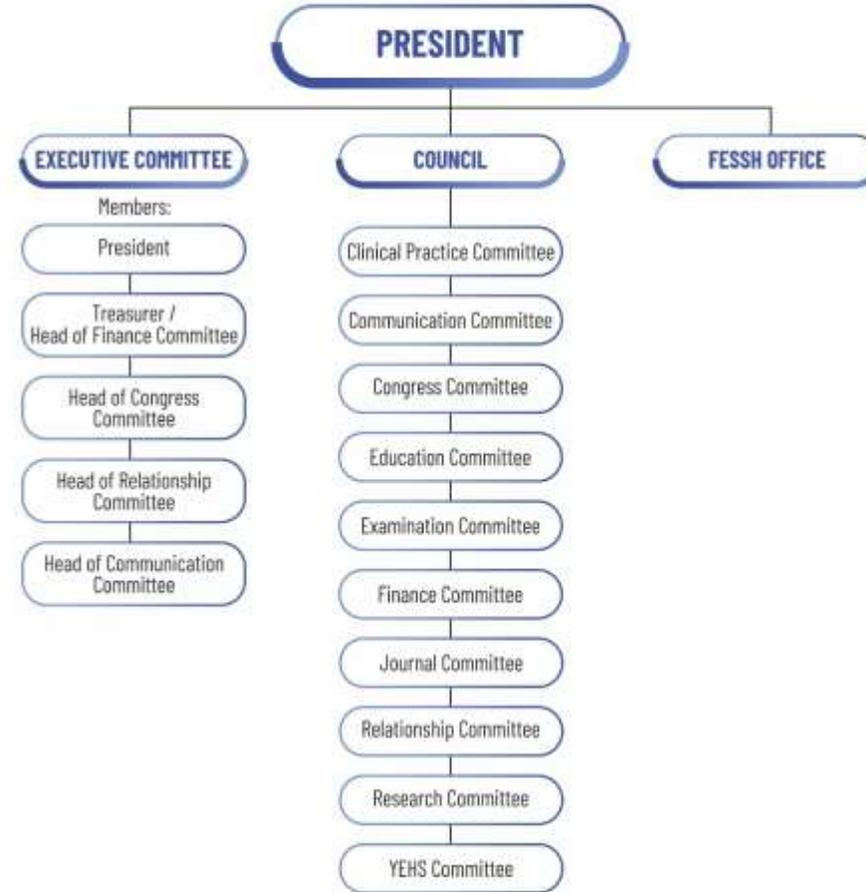
WHAT IS THE STRUCTURE OF FESSH?

President (Secretary General before)

Executive Committee

FESSH Council

FESSH Office



HOW CAN I GET INVOLVED IN FESSH?

You can access all aspects of FESSH!

<https://fessh.com/how-to-get-involved/>

ATTEND OUR COURSES

GRANTS, AWARDS, FELLOWSHIPS

**Meet us in the
annual Congress**

Subscribe to the FESSH Hand Out

BECOME AN EXAMINER

CHAIR A CONGRESS SESSION

FOLLOW THE YEHS news

JOIN A FESSH COMMITTEE

BECOME A JOURNAL REVIEWER OR EDITOR

**JOIN A FESSH SIG:
3D, Microsurgery, Prevention, Dupuytren,
Pediatric, Spasticity, Dynamic Imaging Groups**

FOLLOW US ON SOCIAL MEDIA

GET ACCREDITATION FOR YOUR TRAUMA UNIT

HOW CAN I GET IN CONTACT WITH FESSH?

- Contact your national society FESSH delegate: fessh.com/national-delegates/



- Or the FESSH Office - office@fessh.com
- Visit our website www.fessh.com
- Follow us on social media:
Instagram, X, FaceBook, Linked In
- Watch the FESSH Youtube channel



Subscribe to the monthly FESSH Hand Out (send a message to office@fessh.com)



YEHS
Young European
Hand Surgeons

- Networking
- Important information source regarding what benefits FESSH can offer to young hand surgeons



<https://fessh.com/yehs-young-european-hand-surgeons/info@yehs.eu>



What FESSH means to you?

- Tell us "*What FESSH means to you*" and win a free registration to the next congress!
- Save your short film (no more than 90 seconds) on any online platform (e.g. Google drive) and send the link to office@fessh.com within a week following your national congress.
- Your video could be about anything you would like to say about your experience and what you like about FESSH.





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JOIN the FESSH activities
Together we make a
difference



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