

**ENDOSCOPIC CUBITAL TUNNEL  
MINIMALLY INVASIVE HAND SURGERY**

**Anatomical Institute,  
University Charité, Berlin**

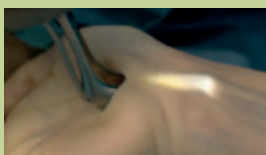
**December 13<sup>th</sup> 2013**

**Dr. Reimer Hoffmann  
Dr. John D. Lubahn**

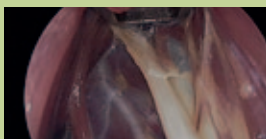
**hand surgery**



Illuminated specula for hand surgery



Carpal tunnel release with speculum



Endoscopic view of ulnar nerve in the cubital tunnel



The Hoffmann technique of ulnar nerve release

## WELCOME

Dear colleagues,

We offer an exclusive course to the international community of hand and plastic surgeons which will be held at the Anatomical Institute of the famous University Charité Berlin.

In an intensive one-day workshop we will show and teach you the techniques of endoscopic nerve surgery of hand and forearm, especially the Hoffmann technique to release the ulnar nerve in the cubital tunnel. In addition, you will be shown the complete spectrum of minimally invasive techniques using the illuminated speculum: trigger finger, de Quervain's tendinitis, tendon transfer to reconstruct EPL, tennis elbow and more.

Dr. Hoffmann, Dr. Lubahn and their team of experts will guide you through the topics and stimulate you to enhance your activities in this exciting new field.

Hoping to see and welcome you in Berlin!

Reimer Hoffmann

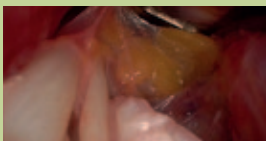
The workshop is supported by



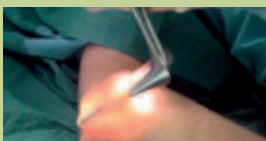
## PROGRAM

- 08:30 Welcome
- 08:40 Neurosonography
- 09:00 Anatomy, etiology, endoscopic management of cubital tunnel syndrome
- 09:40 Tips and tricks of endoscopic ulnar nerve release
- 10:00 Endoscopic release of median and radial nerve of the forearm
- 10:20 Coffee break
- 10:50 Learning curve
- 11:15 Minimally invasive hand surgery with the illuminated speculum
- 12:00 Discussion
- 12:30 Lunch break
- 14:00 Hands-on training in the Anatomy department
- 18:00 End of course

### hand surgery



Endoscopic view of released 1<sup>st</sup> compartment



Illumination of peri-epicondylar area in tennis elbow surgery



Endoscopic view of detached extensor origins at epicondyle

## INFORMATION & ORGANISATION

The course directors will be happy to supply more information.

**Please contact us by E-mail:**

dr.hoffmann@hpc-oldenburg.de

jdlubahn@jdlubahn.com

The course will be certified by the  
Ärzttekammer Berlin

**Participation fee:**

750 EUR

(including lunch and catering)

**Number of participants:**

20 maximum

**Registration:**

E-Mail: info@hpc-oldenburg.de

Fax: +49 441 4086856

**Accommodation:**

Hotels at a reduced rate are  
available on request

